

CUSTOMIZE YOUR COLD THERAPY SYSTEM

COMFORTABLE · EASY-TO-USE · PORTABLE

All systems include a universal or body-part specific cold therapy pad. Elastic belts provide gentle, adjustable compression. Therapy pads can be purchased individually. To see all options available, visit polarproducts.com.



UNIVERSAL "U"
(#UB)



KNEE & JOINT
(#KB)



SHOULDER
(#SB)



BACK & HIP
(#LB)



FOOT & ANKLE
(#FB)



HAND & WRIST
(#HWB)



RECTANGULAR
(#RB)



BLANKET
(#BB)



HEAD CAP
(#HC)



#AIS3.0-9-D-KB

DOUBLE SYSTEMS AVAILABLE!

The Active Ice® 3.0 Double Cold Therapy System offers convenient cold therapy to two parts of the body simultaneously!



Polar Products is a family-owned company with 40 years of experience manufacturing effective, high-quality and affordable hot/cold therapy and body cooling products.

polarproducts.com | 800.763.8423

COLD VS HOT THERAPY

COLD

ACUTE PAIN

WHAT IT DOES:

- Reduces the pain
- Promotes healing
- Relieves inflammation
- Reduces swelling and redness

WHEN TO USE:

- New injuries
- Swelling and pain
- Bruising, sprains and strains
- Prevent soreness after exercise

HOT

CHRONIC PAIN

WHAT IT DOES:

- Alleviates pain
- Increases blood flow
- Relieves stress and calms the mind
- Promotes muscle relaxation

WHEN TO USE:

- Chronic pain
- Arthritis, back and joint pain
- Muscle stiffness and spasms
- Before exercise

ALTERNATING COLD & HOT

Some experts, like the Mayo Clinic, recommend alternating cold and hot therapy for effective pain relief from overuse injuries and chronic pain.



#MHE

MOIST HEAT VS DRY HEAT

For most, moist heat provides better pain relief than dry because it penetrates deeper to relax tight muscles and increase circulation to the area through vasodilatation.



#SHA

Please note: Always follow your healthcare provider's recommendations before using any type of cold or hot therapy.

SEE OUR COMPLETE PRODUCT LINE AT POLARPRODUCTS.COM



HOT & COLD THERAPY

NATURAL, DRUG-FREE PAIN RELIEF



PRODUCT GUIDE

ACTIVE ICE® 3.0 COLD THERAPY SYSTEM

DELIVERS MAXIMUM PAIN RELIEF



"I had knee replacement surgery a month ago and I have been using this system three times per day. I love it! It controls my swelling quite well. It made a big difference for my recovery. I HIGHLY recommend this system."

- Derek in Maryland



#AIS3.0-9-KB

BENEFITS & FEATURES:

Patent-Pending Programmable Timer allows the patient to set custom cold therapy "on" and "off" duration cycles. The timer also allows you to modify the flow of the water, modifying the temperature. *A critical safety feature!*



#DFT

9-Quart or 16-Quart Cooling Reservoirs allow for longer-lasting cold therapy and will get you through the night. Our systems hold frozen water bottles, which can be used instead of ice. Less mess, more convenience!

Whisper quiet, high-efficiency pump continuously circulates cold water through five feet of insulated tubing and the therapy pad.

Body-part specific and universal cold therapy pads provide excellent coverage and maximum therapy to the target areas.

"This system is a MUST for anyone who wants to accelerate their post-surgery recovery time. Using it has led to less pain and swelling."

- Barbara in Virginia

SOFT ICE® COLD & HOT PACKS

SOFT & FLEXIBLE · SAFE & NON-TOXIC · DURABLE & REUSABLE

Our patented, eco-friendly, non-toxic Soft Ice® formula transfers heat out of the targeted body area more effectively than alternative methods. Soft Ice® Packs will come out of the freezer just as soft and flexible as when they go in. Pack sizes available from 3" X 6" to 11" X 23."

You can customize the packs with your logo, name and contact information with a minimum order of 144 packs.



SOFT ICE® COMPRESSION THERAPY WRAPS

Our professional-quality compression wraps provide comfortable, targeted cold or hot therapy with gentle and adjustable compression.

Pockets inside the wraps hold Soft Ice® Packs securely in place for convenient cold or hot therapy. Packs can be removed from the wrap and placed in the freezer or microwave.



Visit polarproducts.com to see our complete line of targeted and universal compression wraps and moist heat therapy wraps.

"Using Polar Products for the past 5 years has made my life much more productive. Without agonizing pain in my hips, knees and shoulder, it has given me so much relief that I can easily work and live my life more fully as I grow older. Thank you Polar Products and staff for the Active Ice® 3.0 Shoulder Cold Therapy System with additional knee and joint therapy pad, Soft Ice® Shoulder Compression Wrap and Microwavable Moist Heat Therapy Wrap!! YOU GUYS ROCK!!!"

-Debbie in Pennsylvania

Read more customer reviews at polarproducts.com.

THERA-TEMP® MOIST HEAT THERAPY WRAPS

Professional-quality microwavable wraps provide convenient, effective and deep-penetrating moist heat therapy.

Tera-Temp® wraps use therapeutic, non-organic mineral beads which collect and hold moisture from humidity in the air. These non-organic beads will never break down, decay or develop an odor!

Wraps are designed with soft, luxurious fleece on the side nearest the skin and an insulated fabric with vapor barrier on the outside to direct the moisture and heat toward the body.



UNIVERSAL WRAPS:
TARGET, STANDARD, KING & XL PAD



PAIN MANAGEMENT KITS

Targeted combination kits provide the therapeutic benefits of both cold compression therapy and moist heat therapy. Kits include a Soft Ice® Compression Therapy Wrap, an extra set of Soft Ice® Cold and Hot Packs, and a Thera-Temp® Moist Heat Therapy Wrap.

SAVE MONEY WHEN YOU PURCHASE A KIT!



MIGRAINE & HEADACHE
PAIN RELIEF KIT (#MHPRK)

HEAD & NECK PAIN
RELIEF KIT (#NPRK)

ROLLER ICE® TRIGGER POINT

The therapeutic benefits of massage and cold therapy in an ergonomic tool with a stainless steel ball or bullet.



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GSA Contract #V797V-30220